



NEW LIFE CAMP • RALEIGH, NC

— LEARN CLUBS —

Parent Handbook



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Welcome

Dear Mom & Dad,

We are so honored that you have chosen to send your child to New Life Camp and LEARN Clubs activities. We are going to take great care of your child physically, emotionally, and spiritually. We hope that your child has the time of their lives and makes memories that they will never forget. More importantly, we pray that your child will experience the love of God through our fine staff and volunteers.

This handbook is being provided to inform you of everything you need to know.

We hope that this booklet is helpful to you and that you have a wonderful time, too. Again, thank you for choosing New Life Camp.

Nathaniel Miller
Director of LEARN

Amy Martin
Director of LEARN Clubs

Purpose of Clubs

We desire to give children a taste of different subjects, activities, and skills that might open their desires to pursue them further on their own. These activities provide a variety of electives for homeschooled students ages 4-13. The instructors will engage students in fun exploration and hands-on activities while intertwining biblical truths to encourage a love for learning.

While we desire for children to learn and grow through these Clubs, parents should not consider them as substitutes for home school course work or to operate as academic classes.

Policies to Keep Your Children Safe

COVID-19 Policies

Screening of Participants, Staff, and Volunteers Before Attending

Participants, staff, and volunteers will not be able to participate if any of the following are true at least 10 days before they attend an activity or event:

- Have had a fever of 100.4° F. or greater.
- Have had a persistent cough, shortness of breath, congestion, diarrhea, fatigue, headache, runny nose, muscle aches, nausea, loss of taste or smell, sore throat, or vomiting.
- The individual has not been vaccinated and has been in close contact with a person who has tested positive with COVID-19.
- The individual tests positive for COVID-19, regardless of vaccination status.

New Life Camp will not be screening individuals. All staff and volunteers are expected to monitor themselves for symptoms listed above prior to coming to Clubs each day. Parents will be responsible to monitor their children for symptoms listed above prior to coming to Clubs each day.

Our Health Precautions

Some of the general things New Life Camp will be doing to keep students and staff safe and healthy are:

- Promoting healthy hygiene practices
- Limiting sharing
- Training all staff
- Health monitoring

Grouping, Face Masks, and Social Distancing

There will be 2 groupings of participants in which activities will take place: huddles and cohort groups. The following will specify distancing and face mask requirements within those groupings.

Huddles

- A huddle is defined as the 16-20 staff, LITs, and students who are assigned to that huddle.
- When indoors, there will be no distancing, but face masks will be required for ages 5 and older unless they have a medical exemption (no documentation or proof required for exemption). Those with medical exemptions will be required to wear a bracelet which signifies to our staff that they are exempt.
- When outdoors, there will be no distancing and no face masks required.

Cohort Groups

- A cohort group is defined as two huddles that will sometimes do activities together, mostly during check-in and check-out. It will be composed of 32-40 staff, LITs, and campers.
- When indoors, there will be no distancing, but face masks will be required for ages 5 and older unless they have a medical exemption (no documentation or proof required for exemption). Those with medical exemptions will be required to wear a bracelet which signifies to our staff that they are exempt.
- When outdoors, there will be no distancing and no face masks required.
- Cohort groups will not change during the semester. For example, if the Tiger Beetles and the Caterpillars are a cohort group, they will be that cohort group throughout the whole semester.

Facilities Restrictions

- We recommend that students and instructors bring their own water bottle and snacks from home. Please do not bring food with nuts as we try to keep New Life Camp a nut-free zone.
- Instructors and students may not bring food or drink to share with students, even if for academic purposes.

Quarantine Requirements for COVID-19

A quarantine period away from New Life Camp recommended by the CDC will be required for any participant, staff, or volunteer who either:

1. Tests positive for COVID-19 or
2. Has not been vaccinated and comes in close contact with someone who tests positive for COVID-19.

This requirement must be fulfilled before the participant, staff member, or volunteer is permitted to return to New Life Camp.

If the participant, staff member, or volunteer who is not vaccinated and have been in close contact to someone who has tested positive for COVID-19, they may return to camp as follows. Close contact is defined by the CDC within 6 feet of the infected person for at least 15 minutes. New Life Camp also considers sleeping in the same room as an infected person as close contact:

- 10 days since last exposure to infected person without a test and no symptoms
- 7 days since last exposure to infected person with a negative test and no symptoms (test can be taken within 48 hours of the 7 days ending)

If the participant, staff member, or volunteer test positive for COVID-19 with symptoms, they may return to camp as follows:

- 10 days since symptoms first appeared **and**
- 24 hours with no fever without the use of fever-reducing medications **and**
- Other symptoms of COVID-19 are improving

If the participant, staff member, or volunteer test positive for COVID-19 with no symptoms, they may return to camp:

- 10 days after positive test **and**
- No symptoms arising in the 10 days period

Supervision

We have two types of leadership on our staff: instructors and counselors. Instructors will teach the various electives and activities. Counselors will assist the instructors as well as supervise and lead children from activity to activity. Both instructors and counselors are trained and expected to supervise children at all times while they are at New Life Camp.

Emergency Procedures

The staff have been trained in the following procedures that have been constructed specifically for New Life Camp:

- Fire and Evacuation
- Medical Emergency
- Missing Student
- Visitor of Questionable Intent

Helpful Things to Know

Our Accreditation and Certification

1. With 12,000 camps in the US, New Life Camp is one of only 2,500 camps that are accredited by the American Camping Association.
2. ACA Accreditation assures that we comply with 300 health, safety, and program quality standards.
3. New Life Camp has run summer camp safely and effectively for nearly 70 years and our Clubs program in its various forms for almost 20 years.
4. All our full-time staff involved with activities are CPR/AED/First Aid Certified.
5. New Life Camp is a member in good standing with the Christian Camp and Conference Association.

Keeping You Posted

Here are some of the reasons New Life Camp will call you:

1. If your child is unusually homesick.
2. If your child is seriously hurt (any cut requiring stitches, broken bones, torn ligaments, or concussions).
3. If your child is sick (fever of 100.4 degrees or more, vomiting, diarrhea, or dizziness).
4. If your child is missing something that they need.

Outside of this, our instructors will regularly communicate with you by email to inform you of what was covered in their activities and any special things to note for the upcoming week.

Medications

1. The Clubs director and your children's instructors should be aware if a child has an EpiPen in their bag.
2. Children should not carry medications with them.
3. Allergies should be indicated on your child's medical form and updated online if they change.

What to Bring

- Depending on the activities they are participating in, they may want to bring things in a backpack.
- We encourage students to bring a snack if they are attending Morning Club or Play and Learn. Please make sure the snack is nut-free.
- Lunch is part of the scheduled time of Morning Club and Play and Learn.
 - We ask that students do not bring any food that contains nuts as we try to keep New Life Camp nut-free.

- Please do not send any food to be shared with other children.
- We ask that lunches be provided that do not require a microwave or refrigerator.
- Children are encouraged to wear rain jackets and bring umbrellas on rainy days.

What Girls Should Wear

Parents are responsible to make sure their children are properly dressed. Students' clothes should not have any inappropriate words or depictions.

Shorts and Pants

- Shorts should be at least fingertip length or have a 4-inch inseam.
- Tights and spandex do not change the rule above.
- If wearing leggings, shirts or appropriate length shorts should cover the bottom.

Shirts

- Shirts should be chosen with the active nature of camp in mind.
- A student's stomach or lower back should never be visible.
- Undergarments should never be visible.
- Students should not wear anything strapless.
- Clothing is too tight when the outline of undergarments can be clearly seen.
- Necklines should be modest.

During Colder Months

- Students are encouraged during colder months to wear layers of clothes (such as a jacket and sweatpants) as we will often be indoors as well as outdoors.

What Boys Should Wear

Parents are responsible to make sure their children are properly dressed. Students' clothes should not have any inappropriate words or depictions.

- Shorts should be at least fingertip length.
- Shorts and pants should not sag, and undergarments should not be visible.
- During colder months, students are encouraged during colder months to wear layers of clothes (such as a jacket and sweatpants) as we will often be indoors as well as outdoors.

What Not to Bring

In order to maintain the intended atmosphere at New Life Camp, please do not allow your children to bring the following items:

- Snack or lunch items containing nuts. We want New Life Camp to be a nut-free zone.

- Tobacco, alcohol, or illegal drugs
- Books or magazines with questionable material
- Car keys
- Pets
- Electronic devices for entertainment
- Blades, guns, and other weapons
- Music devices and instruments
- Toys
- Phones may be brought to camp, but they are only allowed to be used with the permission of a staff member for emergency calls. They may not be used for other purposes. Failure to follow this rule will result in the phone being confiscated and the parents required to pick it up.
- We recommend students leave anything of value not covered here at home. While New Life Camp keeps a lost and found storage, we are ultimately not responsible for lost or stolen property.

Lost and Found

- All lost and found is kept in the Activities Center and can be accessed by calling the Main Office at 919-847-0764 from 8AM to 5PM on weekdays.
- After 30 days, the lost and found will be donated.
- If your child gets home with anything that does not belong to them, please bring it back ASAP.

Inclement Weather Announcements

- Any inclement weather announcements will be posted on WRAL-5, wral.com, and newlifecamp.com.
- We will try to make such announcements by 6:00am the day of activities.

Contact Information

- General Questions:
 - [Email Nathaniel Miller](#)
 - [Email Amy Martin](#)
- Specific Activity Questions: visit our website, find Activities & Descriptions link, and click on the Instructor's name: <https://newlifecamp.com/programs/learn/#clubs>
- New Life Camp: 919-847-0764
- Website: www.newlifecamp.com

Other Programs at New Life Camp

- **Summer Camp** – An opportunity to get away from the business and distractions of everyday life, encounter God, and have the time of your life. (Ages 4-18)

- **High School Hang Out** - Join us once a month for an exciting time with other high school students. We will have activities throughout the year at New Life Camp. We will also spend time studying a challenge in God's Word. This event takes place from October-December and February-April. (Ages 14-18)
- **Saturday Nights At Camp** - Get a taste of camp by coming to SN@C. Kids are divided into three groups: kindergarten, elementary, and middle school. SN@C also serves as a wonderful night out. Supper is provided for all, and each group will receive a great lesson from God's Word geared specifically for them. This also is a great opportunity for a parents' night out. This event takes place from October-December and February-April. (Ages 4-13)
- **Storm Athletics** - This is our home-school athletics program that competes against local schools and is part of the North Carolinians for Home Education Athletic Conference. We currently offer soccer, volleyball, cross country, baseball, and basketball. (Ages 10-18)
- **Family Bible Lessons** – these are monthly online lessons from September-April that you can do as a family at home. Not only can you learn about the Bible together as a family, your children ages 8-18 can earn a discount off of next year's summer camp by completing them.
- **Sports Skills Training** – These training sessions are provided for beginners up to Varsity players who want to improve their game during the off-season. (Ages 8-18)
- **Retreats** – these are opportunities throughout the year to squeeze a week of the camp experience into a weekend. There are separate retreats offered in the fall and winter seasons for elementary school, middle school, and high school students (Ages 8-18)

We Value Your Feedback!

We would like your feedback on how to serve you better. You will receive a quick survey by email at the end of the semester to help us in this regard. We would be so grateful if you would take the time to give us your thoughts. If we can do anything in the future to be of service to your family, never hesitate to ask. We will do all we can.