



New Life Camp Statement: COVID-19 Policies and Procedures

Updated: December 7, 2020

The safety and health of campers and staff is always the highest priority at New Life Camp, and camps have a long history of planning for and managing communicable diseases. With the potential spread of the coronavirus disease (COVID-19) within the United States, New Life Camp has reviewed our health-related plans and procedures. We want to communicate those to you, our families and our staff members.

- We pray for God’s wisdom and guidance as we pursue the utmost safety for our campers.
- We have policies and standards in place to mitigate the spread of communicable diseases. We will continue to review and enforce these policies.
- We employ classic, communicable-disease/personal-protection behaviors, such as proper handwashing, to help reduce exposure impacts from COVID-19, just as they do for other illnesses.
- In general, we ask that parents do not bring their children to camp who are ill. We also ask our staff not to come to camp if they are ill.
- New Life Camp reserves the right not to admit people who pose a communicable disease risk to others.
- Our staff are trained in illness-reducing strategies, such as:
 - Appropriate handwashing and/or hand-sanitizing.
 - Cough/sneeze “into your sleeve.” Covering coughs/sneezes with one’s hands is no longer desired behavior; bury coughs/sneezes in one’s shoulder.
 - Keeping peoples’ hands away from their faces.
 - Personal supplies – hairbrushes, pillows, caps, contact lens solutions, make-up – belong to the owner and should not be shared with others.
 - Campers who bring food and drink from home are not allowed to share with other campers.
 - One drinks only from one’s personal drinking cup; no sharing, even “to be nice.”
 - We maintain at least 30 inches between beds and sleep head-to-toe (top bunk has the person’s head at one end, the bottom bunk has the person’s head at the other end).
 - First aid staff isolate people with questionable symptoms until communicable illness can be ruled out.
 - First aid staff will alert camp administration when multiple people have similar symptoms within 3 hours.
 - When food service personnel have questionable symptoms, we keep them away from food preparation until appropriately improved.
 - Our first aid staff are trained specifically to spot the symptoms of COVID-19.
- We are staying abreast of recent developments by monitoring and following the recommendations of the Center for Disease Control (CDC), Wake County Health Department, and Wake County Public Schools System.
- We continue membership in the American Camping Association (ACA), who provides support to camp professionals and proactively surveys for emerging threats.

General Policies Related to COVID-19

These policies cover all of our programs, participants, staff, and volunteers. More specific policies may be applied to different programs depending on their function. Those policies are laid out in the parent handbook for that program.

Considerations for those with High Risk

Though we believe that we can run our programs safely for the general public, we recognize that it will not be a wise choice for those with high risks, nor participants that have family members with high risks. We implore you to contact our office after reading these details if you believe that meeting in person at New Life Camp will not be the best choice for you.

Conditions that qualify as higher risk concerning COVID-19 are:

- Asthma
- Chronic Kidney disease being treated by dialysis
- Chronic lung disease
- Diabetes
- Hemoglobin disorders
- Immunocompromised
- Liver Disease
- People aged 65 or older
- Serious heart conditions
- Severe obesity

Pre-Screening of Participants, Staff, and Volunteers Before Attending

Participants, staff, and volunteers will not be able to participate if any of the following are true at least 10 days before they attend an activity or event:

- Have had a fever of 100.4° F. or greater.
- Have had a persistent cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, runny nose, sore throat, or vomiting.
- The individual has been in close contact with a person who has been diagnosed with COVID-19.

Our Health Precautions

Some of the general things New Life Camp will be doing to keep participants, staff, and volunteers safe and healthy are:

- Promoting healthy hygiene practices
- Intensifying cleaning, disinfection, and ventilation
- Face masks for staff and volunteers will be required while on site.
- Face masks are required for all participants ages 5 and older while on campus unless they have a medical exemption.
- Limiting sharing
- Training all staff

- Health monitoring and pre-class screening
- Daily checking for signs and symptoms
- Rehearsing our Communicable Disease Plan (CDP)

Quarantine Requirements for COVID-19

A quarantine period away from New Life Camp recommended by the CDC will be required for any participant, staff, or volunteer who either tests positive for COVID-19 or is in close contact with someone who tests positive for COVID-19. This requirement must be fulfilled before the participant, staff member, or volunteer is permitted to return to New Life Camp.

If the participant, staff member, or volunteer have been in close contact to someone who has tested positive for COVID-19, they may return to camp as follows. Close contact is defined by the CDC within 6 feet of the infected person for at least 15 minutes. New Life Camp also considers sleeping in the same room as an infected person as close contact:

- 10 days since last exposure to infected person without a test and no symptoms
- 7 days since last exposure to infected person with a negative test and no symptoms (test can be taken within 48 hours of the 7 days ending)

If the participant, staff member, or volunteer test positive for COVID-19 with symptoms, they may return to camp as follows:

- 10 days since symptoms first appeared **and**
- 24 hours with no fever without the use of fever-reducing medications **and**
- Other symptoms of COVID-19 are improving

If the participant, staff member, or volunteer test positive for COVID-19 with no symptoms, they may return to camp:

- 10 days after positive test **and**
- No symptoms arising in the 10 days period

Staff Training on Health Practices Related to COVID-19

When to Wash Hands and Proper Handwashing

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- Before and after treating a cut or wound
- After using the toilet
- After [changing diapers or cleaning up a child who has used the toilet](#)
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage