



NEW LIFE CAMP • RALEIGH, NC

— **DAY CAMP** —
Parent Handbook



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Welcome to Summer Camp!

Dear Parents,

We are so honored that you have chosen to send your child to New Life Camp this week. We are going to take great care of your child physically, emotionally, and spiritually. We hope that your child has the time of their life and makes memories that they will never forget. More importantly, we pray that your child will experience the love of God through our fine staff.

If there has ever been a year when families need New Life Camp, this is it. New Life Camp has enjoyed being a place where kids can unplug and get away from the noise. That's just what we want to do this year.

This handbook will inform you of everything you need to know for this week. We hope that you will turn to it daily to:

- See what your child is doing at any given time.
- See what your child is learning.
- Learn what they are learning.
- Receive reassurance that your child is in good hands.

We hope that this handbook is helpful to you and that you have a wonderful week, too.

Again, thank you for choosing New Life Camp.

Aaron Miller
Director of Programs

New Life Camp Accreditation, Certification, and Achievement



We are accredited by the American Camping Association (ACA). ACA Accreditation means that we care enough to undergo a thorough peer review of our operation — from staff qualifications and training to emergency management. ACA collaborates with experts from the American Academy of Pediatrics, the American Red Cross, and other youth-serving agencies to assure that our current practices reflect the most up-to-date, research-based standards in camp operation. We comply with 300 health, safety, and program quality standards.

[Click here for more details on ACA accreditation.](#)



Our staff are trained and certified by the American Red Cross in CPR, First Aid, and AED operation. The American Red Cross First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims.

[Click here for more details from the American Red Cross.](#)



New Life Camp has been awarded Best Camp by voters participating in the WRAL.com Voter's Choices Awards three years in a row (2018-2020).

[Click here to see our award.](#)

5 Frequently Asked Questions about New Life Camp

Your children are among the most valuable gifts that God has given you. While your child's well-being is of utmost importance to you, you also want your child to experience the adventure, belonging, and growth, that summer camp brings. You can have both. Here are 5 questions that you should ask of those you entrust with your child.

1. *How do you choose your staff?*

We feel that more important than our facilities or program are the staff that we choose. We take this responsibility very seriously. Every staff member goes through an extensive application process of:

- Application
- Interview with two full-time staff members
- Reference Check
- Background Checks (from both criminal and national sex offender websites)

After this process, we choose whom we believe to be the very best candidates in our pool of applicants.

2. *How do you train your staff?*

Each counselor has gone through training. Some of the areas covered in this training include:

- Cabin Management
- Camp Rules & Staff Policies
- Camper Discipline & Behavior
- Camper Hygiene and Illness Prevention
- Child Protection
- Communicable Disease Mitigation
- CPR/AED/First Aid Training
- Emergency Procedures
- Health & Safety
- Personal Counseling
- Privacy
- Risk Management
- Special Needs Inclusion
- Supervision
- Weather-Related Procedures

3. *How will my child be supervised?*

Our staff to camper ratios are as follows:

- Day Camp – Camp 1 (Ages 4-7): 1 staff member to every 6 campers. Huddles contain as many as 18 campers each.
- Day Camp – Camp 2 (Ages 8-10): 1 staff member to every 9 campers. Huddles contain as many as 18 campers each.

On top of the training the staff receives in keeping all campers in vision and acting when necessary, the campers also receive this instruction: "You should never be where a counselor is not." Every event starts with a head count. We also have a missing camper procedure in place, if it is ever needed.

4. *How can my child report in an event that someone is hurting him/her?*

On Monday morning, we instruct all the campers that it is not only appropriate but necessary to report any incident of anyone either hurting them or making them feel uncomfortable. Reports should go to their counselor or any other staff member. All accusations will be taken seriously. All incidents are documented with the report and actions taken.

5. *What is your policy about staff/camper contact after camp?*

There is sometimes great opportunity to mentor campers beyond the summer. Many parents develop a love for their child's counselor and the effects their relationship has caused. However, we think it would be a mistake to give unsupervised access to your child to any adult outside of your family. That being the case and while having full confidence in our staff within our program, we do not recommend them as babysitters or any other situations that would involve them being alone with a child. This includes private conversations by phone, text, social media, etc. For further information on our policies, please make a request at www.newlifecamp.com.

Important COVID-19 Details

(updated: 8/1/2021)

Summer camp will look different this year due to precautions surrounding COVID-19 as we are guided by the Center for Disease Control, the American Camping Association, and the North Carolina Department of Health and Human Services. We have included these differences in this section as well as where applicable throughout the handbook.

Considerations for those with High Risk

Though we believe that we can run camp safely for the general public, we recognize that camp may not be a wise choice for campers with high risks, nor campers that have family members with high risks.

Conditions that qualify as higher risk concerning COVID-19 are:

- Asthma
- Cancer
- Chronic kidney disease being treated by dialysis
- Chronic lung disease
- Chronic obstructive pulmonary disease
- Diabetes
- Down syndrome
- Heart conditions
- Hemoglobin disorders
- Immunocompromised
- Liver Disease
- People aged 65 or older
- Pregnancy
- Serious heart conditions
- Severe obesity
- Sickle cell disease
- Smoking
- Type 2 diabetes

Screening of Campers

Every camper will be screened at check-in. You can prepare for that screening by being mindful of your child's general health starting at 10 days before your child's first day of camp.

Your child will not be able to participate if any of the following are true in the 10 days before camp.

- Have had a fever of 100.4° F. or greater.
- Have had a persistent cough, shortness of breath, congestion, diarrhea, fatigue, headache, runny nose, muscle aches, nausea, loss of taste or smell, sore throat, or vomiting.
- The individual has been in close contact with a person who has tested positive for COVID-19. Close contact is defined by the CDC within 6 feet of the infected person for at least 15 minutes. New Life Camp also considers sleeping in the same room as an infected person as close contact.

Our Health Precautions

Some of the general things New Life Camp will be doing to keep campers and staff safe and health are:

- Promoting healthy hygiene practices
- Limiting sharing
- Training all staff
- Health monitoring and pre-camp screening
- Daily checking for signs and symptoms

Camp Check-In

We will be administering a drive through check in process for both Day Camp and Overnight Camp.

- You will be emailed the week before camp with your huddle assignment and check in time frame.
- Siblings will be allowed to be checked in at the same time.
- You will be getting out of your car only to unload luggage, meet one of the counselors, and give your camper a hug goodbye.

Grouping, Face Masks, and Social Distancing

Face Masks

- Staff and volunteers are required to wear face masks indoors.
- Campers who have been vaccinated do not need to wear masks.
- We strongly recommend campers who have not been vaccinated to wear masks indoors, but it is not required.

There will be 3 groupings of campers in which activities will take place: huddles, cohort groups, and camps. The following will specify distancing and face mask requirements within those groupings.

Huddles

- A huddle is defined as the 20-25 staff, LITs, and campers who are assigned to that huddle.
- When in a room or area (indoors or outdoors) without any other cabins, there will be no distancing.

Cohort Groups

- A cohort group is defined as two huddles that will sometimes do activities together. It will be composed of 40-50 staff, LITs, and campers.
- There will be no distancing between cohort groups.
- Cohort groups will not change during the week. For example, if the Tiger Beetles and the Bumblebees are a cohort group, they will be that cohort group throughout the whole week.

Camps

- A camp is defined as two cohort groups that occasionally do activities together. It will be composed of 80-100 staff, LITs, and campers.
- There will be distancing between all the huddles, whether indoors or outdoors.

Meals

- Meals will be eaten at the campers' huddle spots.
- Day Camp campers will be bringing their own lunches from home this summer.
 - Please do not pack any food that contains nuts as New Life Camp is a nut-free zone.
 - Please do not pack any food that needs to be refrigerated or microwaved.

Visitors

- Visitors will not be allowed while camp is in session.

Family Night

- There will be no family night on Friday this year.

Check-Out

- Just like check in, you will receive a time for pick up and siblings can be picked up at the same time.

Policies to Keep Your Children Safe

Supervision

Counselors will be given a clipboard with their campers' information on it that must be in the possession of a counselor at all times. Counselors will use their clipboards to track where their campers are at all times. If a camper is not with their counselor, they must be with another staff member. Counselors have almost no other job except to keep track of their campers.

Emergency Procedures

The staff have been trained in the following procedures that have been constructed specifically for New Life Camp:

- Fire and Evacuation

- Medical Emergency
- Missing Camper
- Visitor of Questionable Intent

Weather Policies

A full-time staff member on duty will periodically monitor weather conditions and forecasts. We also receive weather alerts for any watches or warnings.

In the case of excessive heat or poor air quality, the full-time staff will notify the summer staff via walkies or announcement of the current conditions. The staff are then trained to watch for heat exhaustion and make sure that the campers are drinking plenty of water and staying out of direct sunlight (except for in the water).

In the case of thunderstorms, the full-time staff will notify the staff and campers to take shelter in a specific location if time allows or to seek the closest shelter available. Staff will do head counts to account for every camper. Every camper will remain under shelter until the threat has abated. All water events will be canceled or postponed for 30 minutes after the last distinct clap of thunder.

In the case of a hurricane or tornado, the full-time staff will notify the staff and campers to take shelter in Johnson Gymnasium. Staff will do head counts to account for every camper.

First Aid Policies

1. If your camper is going to need medications: All medicines must be in the *original* containers and turned in during Check-In. You will register the medications during Check-In. The Infirmary staff will keep medications locked and create a schedule so that campers receive their medications on time or as needed. Many of the medications are given at mealtimes. Any other times will be arranged for them by our Infirmary staff.
2. If you want our first aid staff to be able to give your camper Tylenol, Ibuprofen, Benadryl, Tums, or Pepto-Bismol without us having to call you first for a minor complaint, you can indicate your authorization on their online medical form.
3. If your camper has a communicable disease, do not send your child to camp, but please contact the main office to let us know. New Life Camp reserves the right not to admit people who pose a communicable disease risk to others.
4. Our privacy policy is that we share information with only those deemed necessary for comprehensive care.
5. There is a first-aid-certified adult on call 24 hours a day. A registered nurse will visit for a few hours each day for an Infirmary records review and any campers in need of a second opinion.
6. If your camper gets very sick or seriously injured, you will be notified and if necessary, take the camper home for recovery. You may also be asked to take your child to the doctor if it is needed. In case of an emergency, 911 will be called first.

Further Health Details

The Infirmary at New Life Camp is for continuing medication and doctor's orders of day-campers and overnight campers during their stay at camp within the limits of the staff training. It is a place for first aid

and continued secondary aid as a health problem resolves. We follow the physician-reviewed procedures that include the examination of symptoms, distribution of medication, and standard first aid. There are limits. If a camper or staff member requires continued care and cannot participate in camp with their cabin or is deemed to have a potential infectious disease or needs to visit a doctor, the parent will be responsible for transport to a doctor or bringing the camper home. The camper can return to camp with a doctor's note or 24 hours with no fever.

New Life Camp recognizes that the parent is a great resource. The Infirmary staff may call with questions or advice on treating your child, such as "What do you usually do when your child gets a migraine" or "What do you usually do when your camper has leg cramps?" We notify parents if the child has any visible facial injury, tooth injury, black eye, splinted finger, etc.

Sending a camper home: a camper must be sent home to recover if there is a true fever of 100° F or above, if there are symptoms of a communicable disease, or if there is a need of constant medical attention to assist recovery.

If the child has been playing outside, the temperature might not be a fever if it is just heat. We will allow the camper to rest in the Infirmary and provide water to drink. We will retake their temperature after 30 minutes from the water intake for a true reading. Prolonged or intense discomfort and inability to participate in camp is a signal that a home recovery is a good idea. The First-Aid-Provider's supervisor will be contacted with questions.

If there is an injury requiring a doctor's visit, the parent will be advised of our opinion. If we are unsure if it requires a doctor visit but think there might be a need, we can call and let the parent decide if a doctor's visit is necessary. It is the camp policy that a parent, guardian, or emergency contact person be responsible to transport the camper to the doctor when it is not a true "911" emergency. If we struggle in locating the parent, we will notify the First-Aid-Provider's supervisor. The First-Aid-Provider is not permitted to abandon other campers to transport the camper. Campers are to be picked up at the main office in the Activities Center, where the parent must sign them out. Please bring a doctor's note if the doctor thinks the camper may return as well as any new instructions for physical limitations or any new medications.

Pack Your Bags for Camp

We have extensive details on what your child should bring to camp and what they should not, including what to wear. Please view our Pack Your Bags for Camp pages for complete details at www.newlifecamp.com.

Special Days

- Win-Win Wednesday: Campers should wear clothes supporting their favorite team. If they don't have a favorite team, they can wear their favorite color.
- Huddle Thursday: Thursday is Huddle Day. Show your huddle spirit by wearing your huddle colors.
 - Bumble Bees: Yellow
 - Caterpillars: Green
 - Rock: Gray
 - Rollie Pollies: Red
 - Sisters: Pink
 - Storm: Black
 - Thunder: Blue
 - Tiger Beetles: Orange
- Camp Shirt Friday: on Friday, we all wear our camp t-shirt that is given out on Thursday.

Day Camp Schedule

Due to our huddle grouping and social distancing policies, each huddle's daily schedule is different and as such we will not be able to post specifics here. Each huddle will get to participate in all the activities we are able to offer (weather permitting) including swimming, Bible story, outdoor adventure, fishing, boats, Snack Shack, and more.

Helpful Things to Know

Keeping You Posted

Here are some of the reasons New Life Camp will call you:

1. If your camper is unusually homesick.
2. If your camper is seriously hurt (any cut requiring stitches, broken bones, torn ligaments, or concussions).
3. If your camper is sick (fever of 100.4° degrees or more, vomiting, diarrhea, or dizziness).
4. If your camper is missing something that they need.

Lost and Found

1. During the week, all lost and found is brought to a table designated for it in Johnson Gym.
2. After the week, all lost and found is brought outside the Activities Center main entrance and placed in a designated space.
3. The staff will not look through the lost and found at phone call request. You must come to camp to look at the lost and found if you believe anything is missing.
4. After 5 days, the lost and found will be donated.
5. If your child gets home with anything that does not belong to them, please bring it back ASAP.

Visitor Policy

- Visitors will not be allowed while camp is in session.

Picking Your Child Up

1. We will not allow anyone who is not on your pick-up authorization form to leave with your child.
2. This is true for early pick up as well as rides out.
3. Please note that this includes parents. If you want to update your authorization, please go to your [online dashboard](#) and update it under Forms section.
4. We request, if possible, that you do not pick up your child temporarily or early.
5. If you need to pick them up temporarily or early, please call 919-847-0764 one hour beforehand, so that we can have them waiting for you along with the necessary paperwork. You will pick them up in the parking lot. Please call 919-847-0764 when you have arrived in the parking lot with your vehicle make and color. Please bring photo ID.

Monday Check-In

We will be administering a drive through check in process for both Day Camp and Overnight Camp.

1. You will be emailed the week before camp with your huddle assignment and check in time frame.
2. Siblings will be allowed to be checked in at the same time.
3. You will be getting out of your car only to unload luggage, meet one of the counselors, and give your camper a hug goodbye.

Rides In

1. Rides In on Tuesday through Friday will be from 8:00-9:00am.
2. You will remain in a carpool line and drop your camper off at your assigned gym. There will be a brief health screening each day before your child will leave the vehicle.
3. If you are unable to bring your child at the assigned time, please call our office at 919-847-0764 once you have arrived in the parking lot and remain in your car. A staff member will come to you to bring your child to their huddle.

Rides Out

1. Rides Out on Monday through Friday will take place at Johnson Gymnasium starting at 4:40pm. Rides Out will continue until 6:00 pm.
2. If you must pick up your camper early, you need to arrive prior to 4:25pm. No campers will be checked out between 4:25 and 4:40pm as they are transitioning to their rides out locations. Please note, if you arrive at 4:40pm or after, you will be directed to the rides out line.
3. You will need a photo ID to check your child out. Only those who are on your online pick-up authorization form will be allowed to pick your child up.

Other Programs Offered at New Life Camp

Click on the links below to find out more about these programs and register:

- **Family Bible Lessons** – these are monthly online lessons from September-April that you can do as a family at home. Not only can you learn about the Bible together as a family, your children ages 8-18 can earn a discount off of next year's summer camp by completing them.
- **Next Level Basketball League** - Next Level Basketball is designed for the beginner as well as the player who wants to take their game to the next level. At the same time, they are also challenged to take their relationship with Christ to the next level. (Ages 8-18)
- **LEARN** – LEARN is our program for home-schooled children that supplements what parents are teaching their children at home. There are two branches: Clubs for ages 4-13 that give children a taste of learning experiences and Academics for ages 8-18 that focus more on course work in a classroom setting.
- **Saturday Night @ Camp** - Get a taste of camp by coming to SN@C. Children are divided into three groups: kindergarten, elementary, and middle school. Supper is provided for all, and each group will review the biblical theme we learned during summer camp. This also is a great opportunity for a parents' night out. This event takes place in November, December, March, and April. (Ages 4-14)
- **High School Hangout** - Join us in November, December, March, and April for an exciting time with other high school students. We will have activities throughout the year at New Life Camp. We will also spend time will reviewing the biblical theme we learned during summer camp. (Ages 14-18)

- **Storm Athletics** - This is our home-school athletics program that competes against local schools and is part of the North Carolinians for Home Education Athletic Conference. We currently offer cross country, soccer, volleyball, basketball, and baseball. (Ages 11-18)
- **Sports Skills Training** – These training sessions are provided for beginners up to Varsity players who want to improve their game during the off-season. (Ages 8-18)
- **Retreats** – these are opportunities throughout the year to squeeze a week of the camp experience into a weekend. There are separate retreats offered in the fall and winter seasons for elementary school, middle school, and high school students (Ages 8-18)

Ready to Get Involved?

God uses so many people to make New Life Camp run. Are you interested in being one of those people?

We have all kinds of opportunities including:

- | | |
|---------------------------------|--|
| ○ Prayer Warriors | ○ Parking Attendants |
| ○ Godly Basketball Head Coaches | ○ Special IT Projects |
| ○ Basketball Assistant Coaches | ○ Providing Staff Meals |
| ○ Basketball Referees | ○ Providing Scholarships |
| ○ Basketball Score Keepers | ○ General Fund Financial Supporters |
| ○ Basketball Team Parents | ○ Individual Staff/Missionary Financial Supporters |
| ○ Camp Store Volunteers | ○ Program Financial Supporters |
| ○ Cleaning Opportunities | ○ Special Project Financial Supporters |
| ○ Envelope Stuffers | |
| ○ Grounds Work | |
| ○ Kitchen Help | |
| ○ Maintenance | |

We use all kinds of individuals and groups including:

- Parents
- Churches
- Sunday School Classes
- Youth Groups
- Scout & Girl Scout Groups Needing Service Projects
- Individuals Needing Community Service
- All Individuals Looking for a Place to Serve

For more information on how God can use you here, [click here to contact us](#).

Experiencing the Week as a Parent

You love your child. You're excited for them to get away from all the distractions of this world. You're excited about how they're going to learn and grow. They're going to have a great time! BUT YOU MISS THEM LIKE CRAZY! Some parents can even start to obsess. Asking questions like, "Will my child resent me for leaving them in new location for a day? Does his counselor remember everything I told him? What if he wants to come home?"

First, missing your child is completely normal. We would be concerned if you didn't miss your camper while they are away. However, a study in *USA Today* found that there are more "child sick" parents than there are home sick children. Children need parents. There's no doubt about that. But could it be that some parents need the children more than the children need the parents?

It feels good to be needed, doesn't it? We all want to feel like we're irreplaceable. Whatever fears and thoughts go through your "child sick" mind, one thing you can count on is your child needs you, and that's not going to change. However, this is an opportunity for them to show you how much you've taught them and grow more in those areas of maturity: communicating for themselves, social skills, independence, trying new things, trust, responsibility, making good choices, and seeking out for themselves what they believe about God and spiritual matters.

Trust your job in parenting enough to give them a chance to use what you've taught them and mature it. Trust the decision you made to send them to a camp that has a great record and cares about your child and your family deeply. Finally, trust the God who gave you your child in the first place. Though you can't hover over camp like a helicopter this week, God is with you and with your child each moment of each day this week. This is going to be a great week for your child. It's ok to miss them, but just look forward to seeing them when they tell you all about the great adventure you allowed them to take.

Learn What Your Child Is Learning

Each day, we will share a Bible story with your children and show through that story our theme for this summer.

Children in Camp 2 (ages 8-10) will also have a session each day called Kids on a Mission, where we will introduce them to missionaries past and present who have gone into the world to make the Gospel of Jesus known to others.

We encourage you to ask questions on your way home or at supper each night to see what they are learning.

Here is the basic description of our theme:

(Credit is due to JD Greear and Andy Stanley whose teachings greatly impacted our theme this summer)



Our theme for summer camp this year is **Full Effect**. Throughout the week and each activity, we will look at God's word with your child to reason together. This week, we want to invite campers to consider trusting in Jesus as their Savior and, if they are his followers, to grow in spiritual disciplines to continue to follow him.

Here is the schedule of memory verses and stories for this summer. All memory verses are taken from the HOLY BIBLE: EASY-TO-READ VERSION (ERV) © 2001 by World Bible Translation Center, Inc. and used by permission.

Week A

- Memory Verse - Colossians 1:16a: "Through his power all things were made: things in heaven and on earth, seen and not seen"
- Stories
 - Monday – God Creates the World
 - Tuesday – Adam and Eve Disobey God
 - Wednesday – Israel Spies Out the Land
 - Thursday – Moses Disobeys God
 - Friday – God Heals Israel

Week B

- Memory Verse – Ephesians 2:8b-9: "You did not save yourselves; it was a gift from God. You are not saved by the things you have done, so there is nothing to boast about."
- Stories
 - Monday – Rahab's Help
 - Tuesday – Jericho Falls
 - Wednesday – Israel and Ai
 - Thursday – God Calls Gideon
 - Friday – Gideon's Victory

Week C

- Memory Verse – Luke 1:46b-47: "I praise the Lord with all my heart. I am very happy because God is my Savior."
- Stories
 - Monday – God Gives Samson Strength
 - Tuesday – Samson Loses His Strength
 - Wednesday – Ruth
 - Thursday – God Hears Hannah's Prayers
 - Friday – God Calls Little Samuel

Week D

- Memory Verse – 1 Samuel 16:7b: "God doesn't look at what people see. People judge by what is on the outside, but the Lord looks at the heart."
- Stories
 - Monday – The God of Israel Cannot Be Captured
 - Tuesday – Israel Demands a King
 - Wednesday – Saul Disobeys the Lord
 - Thursday – God Chooses a New King
 - Friday – David & Goliath

Week E

- Memory Verse – Psalm 23:1: "The Lord is my shepherd. I will always have everything I need."
- Stories
 - Monday – The Ark of God
 - Tuesday – David the Psalmist
 - Wednesday – Solomon and the Temple of God
 - Thursday – The Kingdom is Divided

- Friday – God Provides for Elijah in Miraculous Ways

Week F

- Memory Verse – John 11:25: “Jesus said to her, ‘I am the resurrection. I am life. Everyone who believes in me will have life, even if they die.’”
- Stories
 - Monday - Elijah and the Prophets of Baal
 - Tuesday – Elijah is Taken Up to Heaven
 - Wednesday – Elisha’s Ministry
 - Thursday – Naaman is Cured
 - Friday – The Fall of Israel

Week G

- Memory Verse – Romans 5:8: “But Christ died for us while we were still sinners, and by this God showed how much he loves us.”
- Stories
 - Monday – Good King, Bad King
 - Tuesday – Jonah and Nineveh
 - Wednesday – Josiah, the Eight-Year-Old King
 - Thursday – The Fall of Jerusalem
 - Friday – Nebuchadnezzar’s Dream

Week H

- Memory Verse – Hebrews 7:25: “So Christ can save those who come to God through him. Christ can do this forever, because he always lives and is ready to help people when they come before God.”
- Stories
 - Monday – Four Men in the Furnace
 - Tuesday – The Glory Belongs to God Alone
 - Wednesday – Daniel and the Lions’ Den
 - Thursday – The Exiles Return
 - Friday – The Temple is Completed

Week I

- Memory Verse – Revelation 7:17: “The Lamb in front of the throne will be their shepherd. He will lead them to springs of water that give life. And God will wipe away every tear from their eyes.”
- Stories
 - Monday – Nehemiah
 - Tuesday – The Birth of Jesus
 - Wednesday – The Death of Christ
 - Thursday – The Resurrection
 - Friday – At the Throne Worshipping

Music

We have compiled some Spotify playlists for you and your children. These playlists have songs of worship and reflection that complement our theme of spiritual disciplines. If you use a different streaming music service, feel free to make your own playlist and put these songs in it.

Enter the links or scan the codes:



Full Effect: The Soundtrack (for you as parents)
bit.ly/full-effect-music



Full Effect: The Elementary Soundtrack (for campers)
bit.ly/full-effect-music-elem

We've also made playlists for each month of the year. We designed each one around a theme to uniquely help us to think on Jesus and truths from God's word. Fill your year to Full Effect with these playlists.



Check out these Spotify playlists by visiting our Spotify page
bit.ly/nlc-spotify

- January – Songs for a New Year
- February – Songs of Biblical Love
- March – Lenten Songs
- April – Resurrection Songs
- May – Kingdom Come
- June – Full Effect
- July – Sabbath Songs
- August – Creation Songs
- September – Prayers
- October – Autumn Acoustics
- November – Thanksgiving
- December – Songs for Advent and Christmas

Other Resources

1. New Life Camp has no desire to take the place of parents. We do, however, aspire to be one of the best partners a family could have.
2. Here are some resources that we have found helpful.
 - a. *Equipping for Life: A Guide for New, Aspiring, & Struggling Parents* – by Andreas and Margaret Köstenberger
 - b. *Shepherding a Child's Heart* by Tedd Tripp
 - c. *Transforming Children into Spiritual Champions* by George Barna and Bill Hybels

- d. *The New Dare to Discipline* by James C. Dobson
- e. *Parenting Isn't for Cowards* by James C. Dobson
- f. *Age of Opportunity* by Tedd Tripp
- g. *The Jesus Storybook Bible* by Sally Lloyd-Jones
- h. *Long Story Short* by Marty Machowski
- i. *Old Story New* by Marty Machowski
- j. *The Gospel Story Bible* by Marty Machowski
- k. BibleProject – www.bibleproject.com
- l. The Risen Motherhood Podcast
- m. Andy & Sandra Stanley's Four Stages of Parenting - <http://anthology.study/studies/part-1-four-stages-of-parenting/56/>
- n. [Desiring God's Twelve Tips for Parenting in the Digital Age - https://www.desiringgod.org/articles/twelve-tips-for-parenting-in-the-digital-age](https://www.desiringgod.org/articles/twelve-tips-for-parenting-in-the-digital-age)

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