



NEW LIFE CAMP • RALEIGH, NC

OVERNIGHT CAMP — & A.C.E. —

Parent Handbook



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Welcome to Summer Camp!

Dear Mom & Dad,

We are so honored that you have chosen to send your child to New Life Camp this week. We are going to take great care of your child physically, emotionally, and spiritually. We hope that your child has the time of their life and makes memories that they will never forget. More importantly, we pray that your child will experience the love of God through our fine staff.

If there has ever been a year when families need New Life Camp, this is it. New Life Camp has enjoyed being a place where kids can unplug and get away from the noise. That's just what we want to do this year.

This handbook will inform you of everything you need to know for this week. We hope that you will turn to it daily to:

- See what your child is doing at any given time.
- See what your child is learning.
- Learn what they are learning.
- Receive reassurance that your child is in good hands.

We hope that this handbook is helpful to you and that you have a wonderful week, too.

Again, thank you for choosing New Life Camp.

Aaron Miller
Director of Camping Operations

New Life Camp Accreditation, Certification, and Achievement



We are accredited by the American Camping Association (ACA). ACA Accreditation means that we care enough to undergo a thorough peer review of our operation — from staff qualifications and training to emergency management. ACA collaborates with experts from the American Academy of Pediatrics, the American Red Cross, and other youth-serving agencies to assure that our current practices reflect the most up-to-date, research-based standards in camp operation. We comply with 300 health, safety, and program quality standards.

[Click here for more details on ACA accreditation.](#)



Our staff are trained and certified by the American Red Cross in CPR, First Aid, and AED operation. The American Red Cross First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims.

[Click here for more details from the American Red Cross.](#)



New Life Camp has been awarded Best Camp by voters participating in the WRAL.com Voter's Choices Awards two years in a row (2018 and 2019).

[Click here to see our award.](#)

5 Frequently Asked Questions about New Life Camp

As parents, your children are among the most valuable gifts that God has given you. While your child's well-being is of utmost importance to you, you also want your child to experience the adventure, growth, and fun that summer camp brings. You can do both. Here are 5 questions that you should ask of those you entrust with your child.

1. *How do you choose your staff?*

We feel that that the staff we choose are more important than our facilities or program. We take this responsibility very seriously. Every staff member goes through an extensive application process of:

- Application
- Interview with two full-time staff members
- Reference Check
- Background Checks (from both criminal and national sex offender websites)

After this process, we choose whom we believe to be the very best candidates in our pool of applicants.

2. *How do you train your staff?*

Each counselor has gone through training. Some of the areas covered in this training include:

- Cabin Management
- Camp Rules & Staff Policies
- Camper Discipline & Behavior
- Camper Hygiene and Illness Prevention
- Child Protection
- CPR/AED/First Aid Training
- Emergency Procedures
- Health & Safety
- Personal Counseling
- Privacy
- Special Needs Inclusion
- Supervision
- Weather-Related Procedures

3. *How will my child be supervised?*

Every 18 campers have at least 2 counselors assigned to them who do everything with their cabin. On top of the training the staff receives in keeping all campers in vision and acting when necessary, the campers also receive this instruction: "You should never be where a counselor is not." Every event starts with a head count. We also have a missing camper procedure in place, if it is ever needed.

4. *How can my child report in an event that someone is hurting him/her?*

On Sunday evening, we instruct all the campers that it is not only appropriate but also necessary to report any incident of anyone either hurting them or making them feel uncomfortable. Reports should go to their counselor or any other staff member. All accusations will be taken seriously.

5. *What is your policy about staff/camper contact after camp?*

There is sometimes great opportunity to mentor campers beyond the summer. Many parents develop a love for their child's counselor and the effects their relationship has caused. However, we think it would be a mistake to give unsupervised access to your child to any adult outside of your family. That being the case and while having full confidence in our staff within our program, we do not recommend them as babysitters or any other situations that would involve them being

alone with a child. This includes private conversations by phone, text, social media, etc. For further information on our policies, please make a request at www.newlifecamp.com.

Important COVID-19 Details

Summer camp will look different this year due to precautions surrounding COVID-19 as we are guided by the Center for Disease Control, the American Camping Association, and the North Carolina Health Department. We have included these differences in this section as well as where applicable throughout the handbook.

Considerations for those with High Risk

Though we believe that we can run camp safely for the general public, we recognize that camp will not be a wise choice for campers with high risks, nor campers that have family members with high risks. We implore you to contact our office so that we can get you paid in full for next summer so that we can hold a spot for you then.

Conditions that qualify as higher risk concerning COVID-19 are:

- Asthma
- Chronic Kidney disease being treated by dialysis
- Chronic lung disease
- Diabetes
- Hemoglobin disorders
- Immunocompromised
- Liver Disease
- People aged 65 or older
- Serious heart conditions
- Severe obesity

Pre-Screening of Campers

You will be receiving a pre-screening form that must be completed before arriving at camp. You can prepare for that pre-screening by being mindful of your child's general health starting at 14 days before your child's first day of camp.

Your child will not be able to participate if any of the following are true in the 14 days before camp.

- Have had a fever of 100.4° F. or greater.
- Have had a persistent cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, or vomiting.
- Have been outside of the following states in the last 14 days before their week.
 - North Carolina
 - South Carolina
 - Georgia
 - Tennessee
 - Virginia

- The individual has been in close contact with a person who has been diagnosed with, tested for, or quarantined because of COVID-19.

Our Health Precautions

Some of the general things New Life Camp will be doing to keep campers and staff safe and health are:

- Promoting healthy hygiene practices
- Intensifying cleaning, disinfection, and ventilation
- Ensuring physical distancing of cabins and huddles from one another
- As of June 28th, masks for staff, volunteers, and campers ages 11 or older will be required while on site. We highly recommend you pack enough face coverings for each day that your camper(s) will be with us. Our campers will not be required to wear a mask while:
 - Eating or drinking
 - Sleeping
 - In Water
 - 6 feet apart from others
- Limiting sharing
- Training all staff
- Health monitoring and pre-camp screening
- Daily checking for signs and symptoms
- Rehearsing our Communicable Disease Plan (CDP)

Camp Check-In

We will be administering a drive through check in process for both Day Camp and Overnight Camp.

- You will be emailed the week before camp with your cabin assignment and check in time frame.
- Siblings will be allowed to be checked in at the same time.
- You will be getting out of your car only to unload luggage, meet one of the counselors, and give your camper a hug goodbye.

Cabin Grouping and Social Distancing

During the week, campers will only be allowed to participate in activities with campers in their cabins. Social distancing will be impractical for some of the activities that the cabins are participating in. Just like you have quarantined at home with your family, your camper will be quarantined with their cabin and interacting with each other much in the same way. Cabin groups will be socially distanced from each other.

- Occasionally, one cabin will be paired with another cabin for an activity but will maintain social distancing.
- Pairs of cabins will always be paired with the same partner cabin.

Meals

- Meals will be eaten at the campers' cabins spots.

Visitors

- Visitors will not be allowed while camp is in session.

Packages

- We will not be receiving packages for campers, LIT's, or staff. We will deliver packages that are ordered from our online store.

Photography

- As we use much more of our program staff's time cleaning and disinfecting, you will notice a decrease in the amount of photography we are able to post. We will try to connect with you in other meaningful ways throughout the week.

Family Night

- There will be no family night on Friday this year, but we hope to have an open house at some point during the year in which we could invite you to enjoy camp as a family.

Check-Out

- Just like check in, you will receive a time for pick up and siblings can be picked up at the same time.

Policies to Keep Your Children Safe

Supervision

Counselors will be given a clipboard with their campers' information on it that must be in the possession of a counselor at all times. Counselors will use their clipboards to track where their campers are at all times. If a camper is not with their counselor, they must be with another staff member. Counselors have almost no other job except to keep track of their campers.

Emergency Procedures

The staff have been trained in the following procedures that have been constructed specifically for New Life Camp:

- Fire and Evacuation
- Medical Emergency
- Missing Camper
- Visitor of Questionable Intent

Weather Policies

A full-time staff member on duty will periodically monitor weather conditions and forecasts. We also receive weather alerts for any watches or warnings.

In the case of excessive heat or poor air quality, the full-time staff will notify the summer staff via walkies or announcement of the current conditions. The staff are then trained to watch for heat exhaustion and make sure that the campers are drinking plenty of water and staying out of direct sunlight (except for in the water).

In the case of thunderstorms, the full-time staff will notify the staff and campers to take shelter in a specific location if time allows or to seek the closest shelter available. Staff will do head counts to account for every camper. Every camper will remain under shelter until the threat has abated. All water events will be canceled or postponed for 30 minutes after the last distinct clap of thunder.

In the case of a hurricane or tornado, the full-time staff will notify the staff and campers to take shelter in Johnson Gymnasium. Staff will do head counts to account for every camper.

First Aid Policies

1. If your camper is going to need medications: All medicines must be in the **original** containers and turned in during Check-In. You will register the medications during Check-In. The Infirmary staff will keep medications locked and create a schedule so that campers receive their medications on time or as needed. Many of the medications are given in the Dining Hall at meal times. The evening medications are given at the last Snack Shack time (8:30 pm) in the Infirmary. Any other times will be arranged for them by our Infirmary staff.
2. If you want our first aid staff to be able to give your camper Tylenol, Ibuprofen, Benadryl, Tums, or Pepto-Bismol without us having to call you first for a minor complaint, you can indicate your authorization on their medical form at Check-In.
3. If your camper has a communicable disease, do not send your child to camp, but please contact the main office to let us know. New Life Camp reserves the right not to admit people who pose a communicable disease risk to others.
4. Our privacy policy is that we share information with only those deemed necessary for comprehensive care.
5. There is a first-aid-certified adult on call 24 hours a day. A registered nurse will visit for a few hours each day for an Infirmary records review and any campers in need of a second opinion.
6. A doctor has signed our Infirmary protocol. If you want to see a copy, it will be available at the medical Check-In tables.
7. If your camper gets very sick or seriously injured, you will be notified and if necessary, take the camper home for recovery. You may also be asked to take your child to the doctor if it is needed. In case of an emergency, 911 will be called first.

Further Health Details

The Infirmary at New Life Camp is for continuing medication and doctor's orders of day-campers and overnight campers during their stay at camp within the limits of the staff training. It is a place for first aid and continued secondary aid as a health problem resolves. We follow the physician-reviewed procedures that include the examination of symptoms, distribution of medication, and standard first aid. There are limits. If a camper or staff member requires continued care and cannot participate in camp with their cabin or is deemed to have a potential infectious disease or needs to visit a doctor, the parent will be responsible for transport to a doctor or bringing the camper home. The camper can return to camp with a doctor's note or 24 hours with no fever.

New Life Camp recognizes that the parent is a great resource. The Infirmary staff may call with questions or advice on treating your child, such as “What do you usually do when your child gets a migraine” or “What do you usually do when your camper has leg cramps?” We notify parents if the child has any visible facial injury, tooth injury, black eye, splinted finger, etc.

Sending a camper home: a camper must be sent home to recover if there is a true fever of 100° F or above, if there are symptoms of a communicable disease, or if there is a need of constant medical attention to assist recovery. Examples:

- An upset stomach, vomits once, then feels better and no fever = camper can stay at camp.
- Persistent vomiting = go home.
- Sore throat without complications = stay at camp, but with fever or headache = go home.

If the child has been playing outside, the temperature might not be a fever if it is just heat. We will allow the camper to rest in the Infirmary and provide water to drink. We will retake their temperature after 30 minutes from the water intake for a true reading. Prolonged or intense discomfort and inability to participate in camp is a signal that a home recovery is a good idea. The First-Aid-Provider’s supervisor will be contacted with questions.

If there is an injury requiring a doctor’s visit, the parent will be advised of our opinion. If we are unsure if it requires a doctor visit but think there might be a need, we can call and let the parent decide if a doctor’s visit is necessary. It is the camp policy that a parent, guardian, or emergency contact person be responsible to transport the camper to the doctor when it is not a true “911” emergency. If we struggle in locating the parent, we will notify the First-Aid-Provider’s supervisor. The First-Aid-Provider is not permitted to abandon other campers to transport the camper. Campers are to be picked up at the main office in the Activities Center, where the parent must sign them out. Please bring a doctor’s note if the doctor thinks the camper may return as well as any new instructions for physical limitations or any new medications.

Pack Your Bags for Camp

We have extensive details on what your child should bring to camp and what they should not, including what to wear. Please view our Pack Your Bags for Camp pages for complete details at www.newlifecamp.com.

Camper Rules

1. Areas where campers may not go without a staff member:
 - a. Any building besides their cabin
 - b. Low ropes course
 - c. Mini-golf course
 - d. Nature trail
 - e. Pool
 - f. Lake
 - g. Within 30 yards of an opposite gender's cabin.
 - h. Within 30 yards of the new Dining Hall construction between the girls and boys cabins.
2. Bullying and/or Fighting
 - a. There is no bullying or fighting allowed at camp.
 - b. We like to keep our speech positive. Be kind to each other.

3. Do not write on New Life Camp property or deface it in any way.
4. Do not litter. Please put recyclable materials in the proper receptacle.
5. Don't throw rocks.
6. Except for sleeping and swimming, wear shoes. Shower shoes are encouraged when showering.
7. Lost and Found
 - a. The lost and found table is located on the porch of the Staff Offices.
 - b. If you find something out of place that is not yours, bring it here.
 - c. If you lose something, look here.
 - d. Every camper should check this table before they go home.
8. Game and sports equipment
 - a. Put sports equipment away when finished.
 - b. Carpet balls must be thrown under handed, not side-armed or over-handed.
 - c. Do not hang on the tetherball rope or climb on the pole.
 - d. Don't hit the knuckle ball tables or ping pong tables with the paddles.
 - e. For Gaga, only use the sports utility balls.
 - f. If you're not sure how to play, read the rules near each game location.
9. Contraband
 - a. Tobacco, alcohol, e-cigarettes or vaping devices, or illegal drugs
 - b. Books or magazines with questionable material
 - c. Car keys (campers who drive themselves to camp must turn them into the main office for safekeeping)
 - d. Pets
 - e. Electronic devices for entertainment
 - f. Blades, guns, and other weapons
 - g. Music devices and instruments
 - h. Phones
 - i. All other valuables should be left at home or turned into the main office for safekeeping. New Life Camp is not responsible for lost, damaged, or stolen property.
10. Golf Carts - Campers are not allowed to:
 - a. Touch golf carts
 - b. Ask for a golf cart ride
 - c. Run alongside of a golf cart
 - d. Run in front of a golf cart
 - e. Chase a golf cart
11. Infirmary
 - a. Turn in all medicine.
 - b. The Infirmary is the building with the red cross on it.
 - c. If the first aid provider is not there, locate a staff member and ask them to contact the first aid provider.
 - d. Drink lots of water.
12. Mail
 - a. Mail will be brought to you at supper.
 - b. If your child receives a package, a package slip will be handed out with the mail.
 - c. The main office is located in the Activities Center.

- d. Please be quiet while you are in the office.
 - e. If you would like to mail something, your child's counselor can help them with all the materials and assistance you need. Place it in the mailbox on the Staff Office porch.
13. Tabernacle
- a. Do not bring food or drink.
 - b. Do not touch the sound equipment or musical instruments.
14. Physical contact between genders is discouraged.
15. Night Time Rules
- a. Medicine before bed should be taken during the evening Snack Shack.
 - b. Do not walk in the dark without a flashlight.
 - c. During Get Ready for Bed, you should only be at your cabin. If you're seen anywhere else, it can cost you swim time.
 - d. Boys and girls going to the Infirmary should follow the appropriate dress code. You should only come to the Infirmary after evening Snack Shack if it is an emergency.
 - e. One camper to a bed.
 - f. Campers should not sleep directly on the mattress.
16. Bathroom Rules
- a. Everyone must take one shower every day. If you took one at home on Sunday, you don't have to take one here on Sunday.
 - b. One camper to a shower.
 - c. Do not run water wastefully.
 - d. Do not run in the restroom, as floors may be slippery.
 - e. Pranks in the restroom will not be tolerated.
17. You must have fun!

Meal Menu

Day	Breakfast	Lunch	Dinner
Sunday	No Meal	No Meal	BBQ Chicken Sandwich ^{GF} Potato chips Grapes
Monday	Sausage Biscuit ^{GF D} Orange	Hot Dogs ^{GF} Potato Chips Apple	Lasagna w/ beef (HS/MS) ^{GF D} Baked Ziti (ES) ^{GF D} Dinner Roll ^{GF} Salad
Tuesday	Pancakes ^{GF D} Sausage Links Banana	Chick-fil-A ^{GF D} Potato Chips Grapes	Tacos/Taco Salad Rice
Wednesday	Breakfast Burrito (egg, sausage, cheese) ^{GF D} Orange	Hamburgers ^{GF} Potato Chips Apple	Pork BBQ Boiled Potatoes ^D Green Beans Dinner Roll ^{GF}
Thursday	French Toast Sticks ^{GF D} Sausage Patties Banana	Chicken tornados ^{GF D} Grapes	Spaghetti w/ meat sauce ^{GF} Dinner Roll ^{GF}
Friday	Krispy Kreme Donuts ^{GF D} Fruit	Pizza ^{GF D} Carrots and dip	Bo Box tenders ^{GF D}

HS/MS: High School and Middle School weeks

ES: Elementary School weeks

^{GF}: Gluten Free option available.

^D: Contains Dairy. In some cases, this can be made without. Please email Dining Hall Director below.

Additional Details:

- Tossed salad available at every dinner except Sunday and Friday.
- Continental Breakfast served each day: Cheerios, Rice Crispies, Rice Crispies, and Yogurt ^D
- Turkey or ham deli meat is available by request at any meal.
- If you have any questions about food or food allergies, our Dining Hall Director would love to speak with you. [Please click here to email](#) and include your phone number in case she needs to talk further.

Helpful Things to Know

Letters

1. Please address letters as follows:
 - Camper's Name (e.g. Jane Doe)
 - Camper's Cabin (e.g. Courage)
 - c/o New Life Camp
 - 9927 Falls of Neuse Rd.
 - Raleigh, NC 27614
2. We will not be receiving packages for campers, LIT's, or staff. We will deliver packages that are ordered from our online store.

Homesickness

1. From time to time, a parent will receive a letter from their child concerning being homesick. It's also possible you left a child who was feeling homesick. Rest assured: we take home sickness very seriously. We will not let it get out of hand.
 - a. If necessary, we will call you so that together, we can plan a resolution.
 - b. In the meantime, if you haven't received a call, then your child is surviving just fine.
 - c. On rare occasions in which we do feel the need to call the parent, most all parents have solved the issue by making this statement to the camper: "We love you, but we're not going to come get you because we want you to finish your week."
 - d. Once the camper realizes that they're going to finish the week, they almost always make the most of it. We've even seen these same children cry on Friday when they leave the friends with whom they made so many memories.
2. We do not allow phone calls home, but anytime there is a serious concern about your child, a staff member will contact you.

Keeping You Posted

Here are some of the reasons New Life Camp will call you:

1. If your camper is unusually homesick.
2. If your camper is seriously hurt (any cut requiring stitches, broken bones, torn ligaments, or concussions).
3. If your camper is sick (fever of 100 degrees or more, vomiting, diarrhea, or dizziness).
4. If your camper is missing something they need.

Lost and Found

1. During the week, all lost and found is brought to the porch of the Staff Offices in the Camp Circle area.
2. After the week, all lost and found is brought outside the Activities Center main entrance and placed in a designated space.
3. The staff will not look through the lost and found at phone call request. You must come to camp to look at the lost and found if you believe anything is missing.
4. After 5 days, the lost and found will be donated.

- If your child gets home with anything that does not belong to them, please bring it back ASAP.

Visitor Policy

- Visitors will not be allowed while camp is in session.

Picking Your Child Up

- We will not allow anyone who is not on your pick-up authorization form to leave with your child.
- This is true for temporary release during the week and for final pick-up on Friday.
- Please note that this includes parents. If you want to update your authorization, please go to your online dashboard and update it under Forms section.
- We request, if possible, that you do not pick up your child temporarily or early.
- If you do need to pick them up temporarily or early, please call 919-847-0764 one hour beforehand, so that we can have them waiting for you along with the necessary paperwork. You will pick them up in the parking lot. Please call 919-847-0764 when you have arrived in the parking lot with your vehicle make and color. Please bring photo ID.
- Overnight campers may not be picked up or dropped off between 10:00pm-7:30am.
- For Friday Pick Up – just like check in, you will receive a time for pick up and siblings can be picked up at the same time.

A.C.E. Campers

- A.C.E. stands for Alternative Camp Experience. These campers will be arriving each morning and going home each night. The rest of their time at camp is spent with overnight campers.
- All pick up and drop off will be done in the parking lot. Please have photo ID ready.
- Here are the pick-up and drop-off schedules (Monday-Friday breakfast only provided if dropped off during these times):

Drop Off and Pick Up Schedule for All Weeks

Day	Drop Off	Pick Up (please pick up between these times)
Sunday	Assigned time will be emailed	10:20-10:50pm
Monday	7:30am-8:00am	10:00-10:30pm
Tuesday	7:30am-8:00am	10:00-10:30pm
Wednesday	7:30am-8:00am	10:00-10:30pm
Thursday	7:30am-8:00am	10:00-10:30pm
Friday	7:30am-8:00am	Assigned time will be emailed

- You may drop off your child later or pick them up earlier. If you plan to pick up your child early, please give the office one-hour notice.
- A.C.E. campers can keep a bag in the cabin to which they are assigned. Many campers choose to take a shower at camp, so they do not have to do so at home.

Other Programs Offered at New Life Camp

Go to www.newlifecamp.com to find out more about these programs and register:

- **Family Bible Lessons** – these are monthly online lessons from September-April that you can do as a family at home. Not only can you learn about the Bible together as a family, your children ages 8-18 can earn a discount off of next year's summer camp by completing them.
- **Next Level Basketball League** - Next Level Basketball is designed for the beginner as well as the player who wants to take their game to the next level. At the same time, they are also challenged to take their relationship with Christ to the next level. (Ages 8-18)
- **LEARN** – LEARN is our program for home-schooled children that supplements what parents are teaching their children at home. There are two branches: Clubs for ages 4-13 that give children a taste of learning experiences and Academics for ages 8-18 that focus more on course work in a classroom setting.
- **Saturday Night @ Camp** - Get a taste of camp by coming to SN@C. Children are divided into three groups: kindergarten, elementary, and middle school. Supper is provided for all, and each group will review the biblical theme we learned during summer camp. This also is a great opportunity for a parents' night out. This event takes place monthly from October-March. (Ages 4-14)
- **High School Hangout** - Join us once a month October-March for an exciting time with other high school students. We will have activities throughout the year at New Life Camp. We will also spend time will reviewing the biblical theme we learned during summer camp. (Ages 14-18)
- **Storm Athletics** - This is our home-school athletics program that competes against local schools and is part of the North Carolinians for Home Education Athletic Conference. We currently offer cross country, soccer, volleyball, basketball, and baseball. (Ages 11-18)
- **Sports Skills Training** – These training sessions are provided for beginners up to Varsity players who want to improve their game during the off-season. (Ages 8-18)
- **F.E.A.S.T.** (Followers Eat And Share Together): this is an open meal time at New Life Camp for family and friends to share together. All proceeds go to support the ministries at New Life Camp. Takes place on Wednesday evenings September-November, January-March.
- **Retreats** – these are opportunities throughout the year to squeeze a week of the camp experience into a weekend. There are separate retreats offered in the fall and winter seasons for elementary school, middle school, and high school students (Ages 8-18)

Ready to Get Involved?

God uses so many people to make New Life Camp run. Are you interested in being one of those people?

We have all kinds of opportunities, including:

- Prayer Warriors
- Godly Basketball Head Coaches
- Basketball Assistant Coaches
- Basketball Referees
- Basketball Score Keepers
- Basketball Team Parents
- Camp Store Volunteers
- Cleaning Opportunities
- Check-In Volunteers
- Envelope Stuffers
- Grounds Work
- Kitchen Help
- Maintenance
- Parking Attendants
- Special IT Projects
- Providing Staff Meals

- Providing Scholarships
- General Fund Financial Supporters
- Individual Staff/Missionary Financial Supporters
- Program Financial Supporters
- Special Project Financial Supporters

We use all kinds of individuals and groups including:

- Parents
- Churches
- Sunday School Classes
- Youth Groups
- Scout & Girl Scout Groups Needing Service Projects
- Individuals Needing Community Service

For more information on how God can use you here, [click here to contact us](#).

Experiencing the Week as a Parent

You love your child. You're excited for them to get away from all the distractions of this world. You're excited about how they're going to learn and grow. They're going to have a great time! BUT YOU MISS THEM LIKE CRAZY! Some parents can even start to obsess. Asking questions like, "Will my child resent me for leaving them for a week of their summer? Does his counselor remember everything I told him? What if he wants to come home?"

First, missing your child is completely normal. We would be concerned if you didn't miss your camper while they are away. However, a study in *USA Today* found that there are more "child sick" parents than there are home sick children. Children need parents. There's no doubt about that. But could it be that some parents need the children more than the children need the parents?

It feels good to be needed, doesn't it? We all want to feel like we're irreplaceable. Whatever fears and thoughts go through your "child sick" mind, one thing you can count on is your child needs you, and that's not going to change. However, this is an opportunity for them to show you how much you've taught them and grow more in those areas of maturity: communicating for themselves, social skills, independence, trying new things, trust, responsibility, making good choices, and seeking out for themselves what they believe about God and spiritual matters.

Trust your job in parenting enough to give them a chance to use what you've taught them and mature it. Trust the decision you made to send them to a camp that has a great record and cares about your child and your family deeply. Finally, trust the God who gave you your child in the first place. Though you can't hover over camp like a helicopter this week, God is with you and with your child each moment of each day this week. This is going to be a great week for your child. It's ok to miss them, but just look forward to seeing them when they tell you all about the great adventure you allowed them to take.

General Daily Schedule

Due to our cabin grouping and social distancing policies, each cabin's daily schedule is different and as such we will not be able to post specifics here. Each cabin will get to participate in all the activities we are able to offer (weather permitting).

- 7:20am – Rise and Shine
- 8:00am – Breakfast
- 8:50am – Morning cabin activities begin, including Bible study, games, crafts, swimming, Snack Shack, and more. Each activity lasts roughly 30-40 minutes.
- 12:20pm – Lunch
- 1:10pm – Rest Time
- 1:40pm – Afternoon cabin activities begin, including Cabin Clean Up, Bible study, games, crafts, swimming, Snack Shack, and more. Each activity lasts roughly 30-40 minutes.
- 6:00pm – Supper
- 6:50pm – Evening cabin activities begin, including Bible study, games, crafts, swimming, Snack Shack, and more. Each activity lasts roughly 30-40 minutes.
- 8:40pm – Get Ready for Bed
- 9:20pm – Review and Respond
- 9:50pm – Quiet Time
- 10:20pm – Good Night

Learn What Your Child Is Learning

Credit is due to JD Greear and Andy Stanley whose teachings greatly impacted our theme this summer.

Our theme for summer camp this year is **Encountering Jesus**. Throughout the week and each activity, we will look at God's word with your child to reason together. This week, we want to invite campers to consider the one true God as He has revealed Himself.

1. Evidence in His Creation
2. The Bible
3. Jesus Himself
4. The Holy Spirit speaking to us today.

But what would happen if you as parents were learning what your children are learning? What if you were open to what God's word says at the same time as it is presented to them? We have included a daily description below of what we are teaching your children so you can be impacted by God's word as well.

Theme Verses

These are the verses your children will memorize throughout the week:

“For there is one God, and there is one mediator between God and men, the man Christ Jesus, who gave himself as a ransom for all, which is the testimony given at the proper time.” – 1 Timothy 2:5-6

Monday

Proverbs 9:10 - The fear of the LORD is the beginning of wisdom, and the knowledge of the Holy One is insight.

1. We can't believe everything we hear about God, because there are so many conflicting schools of thought about God.
2. It does not work for me to decide who I think God should be and then believe in that god.
 - a. Just because I think something should be one way does not make it that way. The questions I should ask are who is God, and do I want to follow Him for who He really is?
3. Feelings are a terrible tool for determining what is true and real.
4. I am more likely to live in truth if my brain tells my feelings what to feel rather than if my feelings tell my brain what to think.
5. God doesn't owe us anything.
6. There are numerous reasons that God sometimes chooses to say no to our requests.
7. Believing in an on-demand god breeds selfishness.
8. Trusting in a god that says yes to our every wish is just really trusting in ourselves to know what is best.
9. We are hopeless without God.
10. If I have never realized my hopelessness without God, it is probable that I have never really encountered Jesus.
11. If I am a follower of Jesus, I should remind myself daily of my hopelessness without God.
 - a. This keeps me desperately connected to Him, which is where I am safest and happiest.
12. A god who can be completely understood and explained by a mortal is not worthy of awe.
13. If I have never been in awe of God, it is probable that I have never encountered Jesus.
14. If I am a follower of Jesus, I should take time regularly to reflect on how awesome our God is.

What About Us?

1. Is there anything I believe about God simply because that's what I've been told?
2. Is there anything I believe about God that I made up in my own imagination?
3. What about God have I passed on to my children that might actually not be true?
4. In spiritual matters, do my feelings tell my mind what to think, or does my mind tell my feelings what to feel?
5. Do my children see me making decisions based on my feelings or truth?
6. Do I feel like God owes me something?
7. Have I recognized today that I am hopeless without God?
8. Have I taken time today to reflect on how awesome God is?

Tuesday

Ephesians 2:8-10 - For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

1. Sometimes our spiritual life consists of doing what we need to do to get into heaven and then once that is checked off, we pursue the American dream.
2. "Salvation is not something Jesus gives; salvation is something He is." – David Platt
3. Sometimes we live like we believe God only accepts us when we behave.

4. This leaves some people feeling spiritually bankrupt and leaves some people feeling morally superior.
5. I cannot earn God's acceptance.
 - a. God's standard is perfection.
 - b. God cannot cohabit with sin.
6. Jesus' death wins us God's acceptance.
 - a. If I have accepted Jesus' death in my place and made Him my Lord, it is impossible to lose God's acceptance because I didn't earn it in the first place.
 - b. I don't serve God to get His acceptance. Rather, I serve God because of His acceptance.
7. When I encounter Jesus, I realize He has done everything necessary for me to have a relationship with Him.
8. When I encounter Jesus, I realize He is calling me to a relationship with Him. I can answer yes or no.
9. When I say yes to Jesus, it means letting go of my sin and clinging to Him.

What About Us?

1. Am I more interested in knowing God, or making myself more comfortable in this life?
2. Based on our family's lifestyle, what do my children believe is important?
3. Do I practice spiritual disciplines (prayer, reading Scripture, worship...) to get something out of Jesus or to just be with Jesus?
4. What have I done in the last week that demonstrates that I was trying to win God's favor?
5. Do my children feel like they have to work hard to earn my favor? How am I modeling God's favor?
6. In contrast to the many dumb things I say, one thing I say often to my child is, "I love you when you are good, and I love you when you are bad. I will always love you, and there is nothing you can do to stop me." I think it is important for our kids to hear this sentiment throughout their lives especially when there are poor decisions on their part. We can't just assume they know it. I strongly believe it can shape the way they see God's love.
7. Who have I compared myself to lately to feel more spiritually superior?
8. What am I holding onto that is hindering me from encountering Jesus today?

Wednesday

Romans 8:1 - There is therefore now no condemnation for those who are in Christ Jesus.

1. Since it is impossible for me to obey God's law, God sent Jesus to live the life I could not.
2. God punished my sin on the cross of Jesus.
3. I will never appreciate the boundaries God has given us if I don't have a growing relationship with Him.
4. When I decide to follow Jesus, I experience a change of heart and a change of lifestyle.

What About Us?

1. After discipline, do I let my children's misdeeds go or do I hold them over their head?
2. Do my children see me using guilt or bring up past mistakes to my spouse?
3. How am I modeling God's forgiveness?

4. Is there conflict between me and my children over boundaries? Could that conflict indicate that they do not understand how much I love them?
 - a. "Truth without relationships lead to rejection, rules without relationships lead to rebellion, discipline without relationship leads to bitterness, anger, and resentment." – Josh McDowell
5. How has my relationship with my children taught me about God's love and forgiveness for me?

Thursday

Matthew 5:14-16 - You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.

1. When I encounter Jesus, people see something different in me that sets me apart from those who have not had a life changing encounter with Jesus.
2. I have met the God of the Universe
 - a. I am in awe of Him.
 - b. I carry His name.
 - c. I carry His acceptance.
 - d. He comforts me when I fail.
 - e. I worship Him.
3. These things alone make me different.
 - a. Followers of Christ can see that I am headed in the same direction they are.
 - b. Those who have known me before and after my encounter see that I have changed directions.
 - c. Those that are going along with the flow of the rest of the world see I am going the opposite direction in so many aspects of life.
4. My difference is beneficial to others, not condemning. If I have had an encounter with Jesus, He will impact others through me.
 - a. I can show them the acceptance that Jesus has shown me.
 - b. I can show them the comfort that Jesus has shown me.
 - c. I can show them the compassion that Jesus has shown me.
 - d. I can show them the forgiveness and mercy that Jesus has shown me.
 - e. I can show them the strength that Jesus has shown me.
 - f. I can show them the truth that Jesus has shown me.
5. I am not the source of the light but when I have encountered Jesus, I will reflect that light wherever you go.

What About Us?

1. How have I allowed my children to experience my faith?
2. How has my faith been beneficial to my family?
3. Tomorrow is the first day of the rest of my life. Going forward, how will I show my children the acceptance Jesus has shown me?
4. How will I show them the comfort that Jesus has shown me?
5. How will I show them the compassion that Jesus has shown me?

6. How will I show them the forgiveness that Jesus has shown me?
7. How will I show them the strength that Jesus has shown me?
8. How will I show them the truth that Jesus has shown me?

Friday

And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me. – Luke 9:23

1. Let us review what we have learned this week. If I have encountered Jesus:
 - a. I have realized my condition apart from God.
 - b. I have realized that Jesus did everything necessary to make a way for a relationship with Him.
 - c. I realize that Jesus is calling me to a relationship with Him.
2. If I say yes to that call:
 - a. I turn from sin and turn to God.
 - b. I have a change of heart and change of lifestyle.
 - c. I grow to be more like Jesus.
 - d. I start telling other people.
3. Today is the first day of the rest of my life. If I have already encountered Jesus, what do I do today? I do those same things again.
4. I do them every day. Not to earn God's favor, but to remind me who God is, who I am, what He has done for me, and what He has called me to do. It keeps me focused and in the spotlight of God's love.
5. Today I need to:
 - a. Realize where I would be apart from God.
 - b. Realize that Jesus did everything to make a way for a relationship with Him. I didn't do anything.
 - c. Remember that Jesus called me to a relationship with Him, not the other way around.
6. Then today I need to:
 - a. Turn from sin that I committed yesterday, confess it, and turn to God.
 - b. Allow God to once again make tweaks to my heart and to my lifestyle.
 - c. I need to use prayer, Scripture reading, Scripture memory, worship, and community to make me more like Jesus.
 - d. I need to pray for those who have not encountered Jesus and pray for someone to tell today.

What About Us?

1. Have I today, done the things listed above?
2. Would you commit to praying these things over your family?
 - a. Thank God for His work in your lives
 - b. Pray that the members of your family will turn from sin and turn to Him.
 - c. Pray that God will change your family to be more like Him.
 - d. Pray that the individual members of your family will encounter Jesus every single day.
3. We at New Life Camp pray for you regularly.
 - a. We pray for the Gospel to impact your life and the lives of your family.
 - b. We pray for you to be immersed in God's Word and the wisdom and peace it brings.

- c. We pray that God would use you greatly in your children's lives.
- d. We pray that God uses New Life Camp to bless you in your great cause of parenting!
- 4. New Life Camp has no desire to take the place of parents. We do, however, aspire to be one of the best partners a family could have.
- 5. Here are some resources that we have found helpful.
 - a. *Equipping for Life: A Guide for New, Aspiring, & Struggling Parents* – by Andreas and Margaret Köstenberger
 - b. *Shepherding a Child's Heart* by Tedd Tripp
 - c. *Transforming Children into Spiritual Champions* by George Barna and Bill Hybels
 - d. *The New Dare to Discipline* by James C. Dobson
 - e. *Parenting Isn't for Cowards* by James C. Dobson
 - f. *Age of Opportunity* by Tedd Tripp
 - g. *The Jesus Storybook Bible* by Sally Lloyd-Jones
 - h. Podcasts
 - i. Risen Motherhood
 - i. Andy & Sandra Stanley's Four Stages of Parenting - <http://anthology.study/studies/part-1-four-stages-of-parenting/56/>
 - j. [Desiring God's Twelve Tips for Parenting in the Digital Age - https://www.desiringgod.org/articles/twelve-tips-for-parenting-in-the-digital-age](https://www.desiringgod.org/articles/twelve-tips-for-parenting-in-the-digital-age)

Bible Memory Plan

Sunday

- Cut the verse into segments of 4-10 words each including reference.
- Memorize each segment.
- Memorize each pair of segments.
- Memorize each group of 4 segments.
- Memorize entire verse.

Monday

- Review the last 10 previous verses saying them out loud. Do not break up passages. If going back 10 verses, breaks up a passage, say the whole passage.
- Take note of each verse you are unsure of. Don't accept close enough.
- Rememorize those verses using Sunday's routine.
- Say this week's verse out loud.
- If you are not able to say it perfectly, repeat Sunday's routine.
- Write out the verse onto a card that you can keep handy and read when you have spare moments.

Tuesday

- Review the last 10 previous verses saying them out loud. Do not break up passages. If going back 10 verses, breaks up a passage, say the whole passage.
- Take note of each verse you are unsure of. Don't accept close enough.
- Rememorize those verses using Sunday's routine.
- Say this week's verse out loud.
- If you are not able to say it perfectly, repeat Sunday's routine.
- Write out the verse in your own words. If you need help understanding any words or ideas, seek help until you can write the verse in your own words. Anything is easier to

remember if you understand what it means rather than memorizing a sequence of words.

Wednesday

- Review the last 10 previous verses saying them out loud. Do not break up passages. If going back 10 verses, breaks up a passage, say the whole passage.
- Take note of each verse you are unsure of. Don't accept close enough.
- Memorize those verses using Sunday's routine.
- Say this week's verse out loud.
- If you are not able to say it perfectly the first time, repeat Sunday's routine.
- Write the verse down from memory 3-10 times.

Thursday

- Review the last 10 previous verses saying them out loud. Do not break up passages. If going back 10 verses, breaks up a passage, say the whole passage.
- Take note of each verse you are unsure of. Don't accept close enough.
- Memorize those verses using Sunday's routine.
- Say this week's verse out loud.
- If you are not able to say it perfectly, repeat Sunday's routine.
- Teach the verse to someone else or say it to a memorization partner.

Friday

- Review the last 10 previous verses saying them out loud. Do not break up passages. If going back 10 verses, breaks up a passage, say the whole passage.
- Take note of each verse you are unsure of. Don't accept close enough.
- Memorize those verses using Sunday's routine.
- Say this week's verse out loud.
- If you are not able to say it perfectly, repeat Sunday's routine.
- Every time you walk through a doorway, say the verse to yourself. If you forget for say a couple of hours, say the verse out loud as many times as you walked through doors during that segment of time.

Saturday

- Take a break or use today to catch up from a day you missed earlier in the week.

40 Verses in 50 Weeks

Week 1 – 1 Timothy 2:5	Week 26 – Romans 8:6
Week 2 – 1 Timothy 2:6	Week 27 – Romans 8:7
Week 3 – John 1:1	Week 28 – Romans 8:8
Week 4 – John 1:2	Week 29 – Romans 8:26
Week 5 – Break or Catch Up	Week 30 – Break or Catch Up
Week 6 – John 1:3	Week 31 – Romans 8:27
Week 7 – John 1:4	Week 32 – Romans 8:28
Week 8 – John 1:5	Week 33 – Ephesians 2:4
Week 9 – John 14:6	Week 34 – Ephesians 2:5
Week 10 – Break or Catch Up	Week 35 – Break or Catch Up
Week 11 – Matthew 5:14	Week 36 – Ephesians 2:8
Week 12 – Matthew 5:15	Week 37 – Ephesians 2:9
Week 13 – Matthew 5:16	Week 38 – Ephesians 2:10
Week 14 – Matthew 6:20	Week 39 – Colossians 1:15
Week 15 – Break or Catch Up	Week 40 – Break or Catch Up
Week 16 – Matthew 6:21	Week 41 – Colossians 1:16
Week 17 – Luke 9:23	Week 42 – Colossians 1:17
Week 18 – Luke 9:24	Week 43 – Colossians 1:18
Week 19 – Romans 1:19	Week 44 – Colossians 1:19
Week 20 – Break or Catch Up	Week 45 – Break or Catch Up
Week 21 – Romans 1:20	Week 46 – Colossians 1:20
Week 22 – Romans 1:21	Week 47 – Colossians 1:21
Week 23 – Romans 8:1	Week 48 – Colossians 1:22
Week 24 – Romans 8:5	Week 49 – Colossians 1:23
Week 25 – Break or Catch Up	Week 50 – Break or Catch Up

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We Value Your Feedback!

We would like your feedback on how to serve you better. You will receive a quick survey by email at the end of the week to help us in this regard. We would be so grateful if you would take the time to give us your thoughts. If we can do anything in the future to be of service to your family, never hesitate to ask. We will do all we can.